

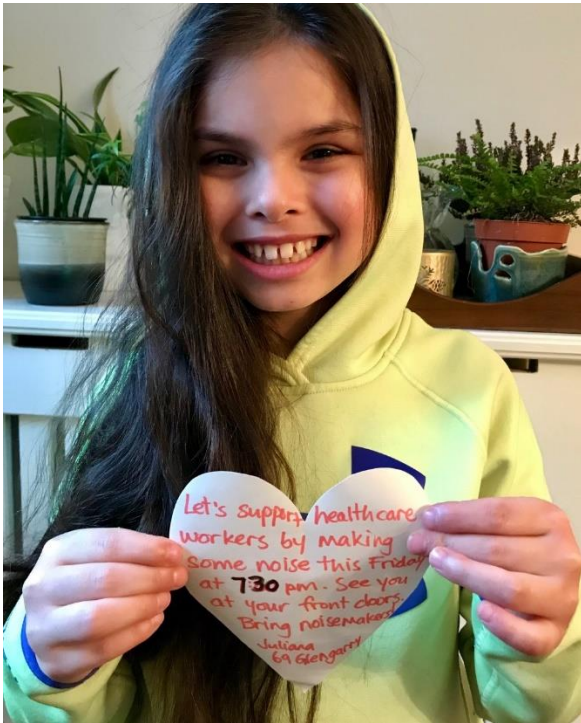


**Sent:** March 27, 2020

**Subject:** Show Your Appreciation – *Together we can do it!!*

Dear Neighbour,

BPRO has been contacted by several people in our community asking us to promote the Registered Nurses' Association of Ontario (RNAO) invitation for everyone to show support of the frontline workers who are keeping us safe during COVID-19.



Keeping social distancing in mind, RNAO's CEO asks us to "Step out onto your porch, balcony, or open a window and make some noise. Take a short video of yourself banging some pots and pans, singing a song, applauding, or honking your horn, and share it on social media."

Leading the charge will be 8 year old Juliana, at 69 Glengarry Avenue.

**Starting tonight at 7:30 pm, grab your neighbour (from a six foot distance!), get outside and make some noise! Keep it up every night at 7:30 pm until the COVID-19 crisis is behind us.** Let Juliana, and all our front line workers, hear you from all four corners of Bedford Park.

**BPRO COMMUNITY RESPONSE** We received many notes of appreciation for the initiative we launched on March 17. As a reminder, if you need help in the way of shopping, urgent errands, or even just a friendly call during these turbulent times, please contact us and we'll turn your request (anonymously) to the community to get you some help, free of charge. Read our initial communication about this on our website - click on *Newsletters* and look for the *March 17 E-News*.

**Best ways to contact us. If you are in need, please reach out now!**

- Phone and leave a message at 647-560-BPRO (2776)
- Email us at [info@bprotoronto.ca](mailto:info@bprotoronto.ca)
- Facebook at [@bpro](https://www.facebook.com/bpro) or at <http://tiny.cc/bprofbgrp>

We won't repeat all the things to do to stay safe, or list all the services that are deemed essential, or not. This is an ever-changing crisis. Please consider using only reliable sources for up-to-date information. May we suggest the following three government links:

- [City of Toronto](https://www.toronto.ca)
- [Province of Ontario](https://www.ontario.ca)
- [Government of Canada](https://www.canada.ca)

We will get through this together, as a community, if we help each other out.

Warm regards,

BPRO Board of Directors